Goal

This marriage preparation program will help couples explore issues for their marriage and develop skills to strengthen their relationship. The program offers educational opportunity for growth as individuals and as couples. This is not counselling or therapy, nor is wedding preparation.

The focus is on life-long learning skills to strengthen your marriage relationship.

Topics

The program includes the following six areas:

Family Background: Exploring its impact on your relationship.

Communication: Leaning effective communication skills.

Conflict: Dealing with differences and feelings.

Financial and Legal: Considering our values towards money and the need to discuss issues related to financial and legal planning.

Sexuality: Exploring your attitudes and assumptions.

Spirituality: Examining values, faith, prayer and worship in your relationship.

Leaders:

Leaders from the local congregation. They have committed themselves to helping other couples build strong marriages.

REGISTRATION FORM Please Print

FEMALE:	
Name:	
Address:	
	Postal Code:
Phone:	
Email:	
	Age:
Religion:	
MALE:	
Name:	
Address:	
City:	Postal Code:
Phone:	
Email:	
	Age:
Religion:	
YOUR WEDDING	
Date of Marriage:	
Officiating Priest:	
Officially Friest.	

Complete registration form and forward with a cheque or money order in the amount of \$100.00 payable to "Regina Mundi Parish"

Regina Mundi Marriage Preparation Course. 631 Mohawk Road West Hamilton, ON, L9C 1X7

Phone: 905-385-3297

Fee includes resource materials and lunch on Saturday, refreshments as well as administrative and leadership costs.
Registration accepted on a first-come, first-served basis. Please register as far in advance as possible. Registration should be received at least one month in advanced of the weekend selected.

Registration limited to 16 couples.